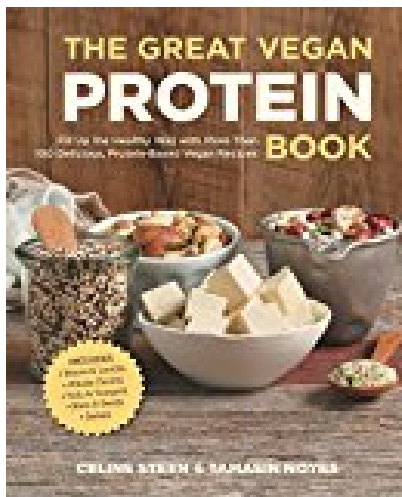


# The Great Vegan Protein Book Fill Up the Healthy Way with More than 100 Delicious Protein-Based Vegan Recipes - Includes - Beans & Lentils - Plants - Tofu & Tempeh - Nuts - Quinoa Great Vegan Book

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## BOOK DETAILS

- Author : Celine Steen
- Pages : 176 Pages
- Publisher : Fair Winds Press
- Language : English
- ISBN : 1592336434

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## BOOK SYNOPSIS

The Great Vegan Protein Book showcases where and how vegans can find and prepare protein-rich foods, including over one hundred tasty and filling recipes.

**THE GREAT VEGAN PROTEIN BOOK FILL UP THE HEALTHY WAY WITH MORE THAN 100 DELICIOUS PROTEIN-BASED VEGAN RECIPES - INCLUDES - BEANS & LENTILS - PLANTS - TOFU & TEMPEH - NUTS - QUINOA GREAT VEGAN BOOK**

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