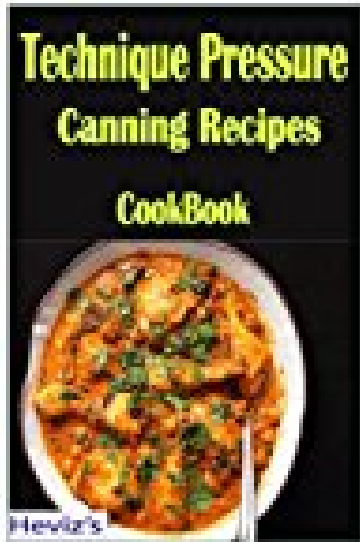


Technique Pressure Canning Recipes



BOOK DETAILS

- Author : Hevizi's
- Pages : 150 Pages
- Publisher : CreateSpace Independent Publishing Platform
- Language : English
- ISBN : 1523954647



BOOK SYNOPSIS

Preserve foods at their freshest and most flavorful with pressure canning! Pressure canning is the only safe way to preserve low-acid foods, including meats, fish, and most vegetables, in jars at home. That's because pressure canning allows the home canner to heat jars and their contents accurately to 240 degrees F (116 degrees C), the temperature threshold at which spores of the bacterium responsible for botulism poisoning are killed. In *Modern Pressure Canning*, preserving and canning veteran Amelia Jeanroy (The Farming Wife) teaches everything the home canner needs to know to use a pressure canner safely and effectively to make delicious, shelf-stable foods in the kitchen. She also provides a wide variety of recipes for canning everything from sweet corn and apple sauce to Italian meatballs and chicken soup.

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