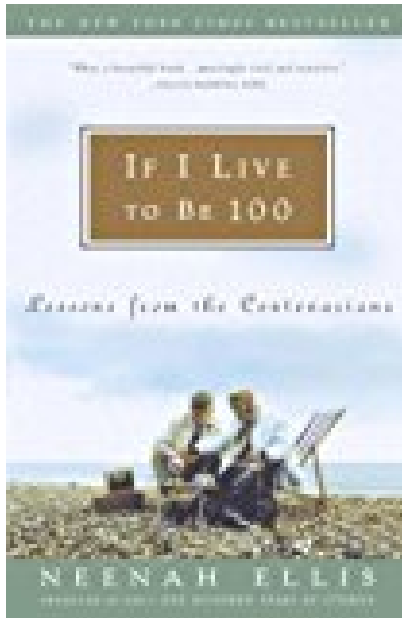


# If I Live to Be 100 Lessons from the Centenarians



## BOOK DETAILS

- Author : Neenah Ellis
- Pages : 256 Pages
- Publisher : Three Rivers Press
- Language : English
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## BOOK SYNOPSIS

Neenah Ellis New York Times bestselling If I Live to Be 100 takes us inside the world of the very old and invites us to learn from them the art of living well for an exceptionally long period of time. Their stories add up to a course in living, with lessons and inspiration for all of us. From the Trade Paperback edition.

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