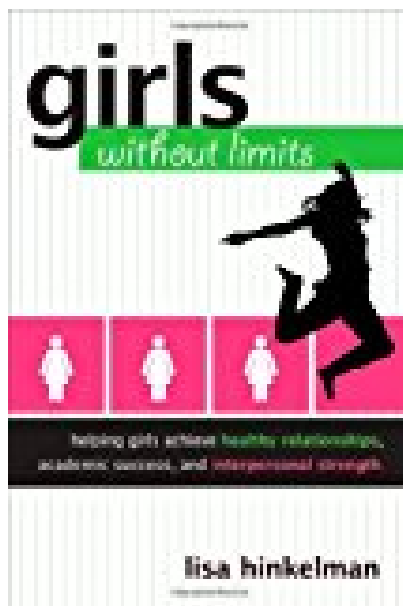


Girls Without Limits Helping Girls Achieve Healthy Relationships Academic Success and Interpersonal Strength



BOOK DETAILS

- Author : Lisa M. Hinkelman
- Pages : 208 Pages
- Publisher : Corwin
- Language : English
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BOOK SYNOPSIS

"You just dont understand!" Todays girls agree: adults dont "get" whats going on in their lives. Friendship drama, self-image, grades, dating, fear of failure—these pressures impose limits. More than ever, girls need adults who will be a positive force in their lives. This books research, real-life stories, and action strategies will help you: Understand the unique challenges girls face—social pressure, body image, boy trouble, academics, and career choices Help girls develop skills and competencies to deal with these challenges Empower girls to confront negative societal expectations and make healthy, positive decisions

GIRLS WITHOUT LIMITS HELPING GIRLS ACHIEVE HEALTHY RELATIONSHIPS ACADEMIC SUCCESS AND INTERPERSONAL STRENGTH -

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